

# Highmark Health Options Home-Delivered Meals



Last Updated: October 19, 2020

## Additional Meal Benefit

Highmark Health Options is increasing our home-delivered meal benefit for LTSS members during the COVID-19 public health emergency.

Highmark Health Options can deliver up to two (2) nutritionally, well-balanced meals to LTSS members per day through February 28, 2021. Specialized meals are also available. However, this benefit is not offered to persons living in assisted living or nursing facilities.

If you have any questions or needs not being addressed due to the COVID-19 public health emergency, please reach out to your Case Manager during regular business hours Monday-Friday from 8:30 a.m. to 5 p.m. EST.



### LTSS Member Services:

1-855-401-8251

TDD/TTY: 711 OR  
1-800-232-5460

To reach the Case Management Team after regular business hours, call the Nurse Line:

**1-844-325-6251**