

According to Bright Futures Periodicity Schedule, adolescents should be assessed for tobacco, alcohol, or drug use starting at age 11 using validated screening tools to determine if clinical evaluation is necessary.

Highmark Health Options does not endorse or require any specific screening tool for screening purposes. This list is not all-inclusive, and other validated screening tools may be available. Each practice is encouraged to utilize a screening tool that is best suited for their individual situation.

Physical Exam at Age
11 years
12 years
13 years
14 years
15 years
16 years
17 years
18 years
19 years
20 years

Validated Screening Tool	Age for Use	Description	Administration Time	Website
Car, Relax, Alone, Forget, Friends, Trouble (CRAFT)	Under 21	CRAFT is a no-cost screening tool for substance use to use with adolescents.	5 – 10 minutes	craft.org
Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)	12 to 17 years	The BSTAD asks adolescents about frequency of substance use in the past year and assess adolescent substance use and categorize risk level: no use, lower risk, or higher risk. Can be administered by the provider or self- administered.	2 Minutes	nida.nih.gov/bstad
Screening to Brief Intervention (S2BI)	12 to 17 years	The S2BI is a no-cost tool to assess adolescent substance use and categorize risk level: no use, lower risk, or higher risk. Can be administered by the provider or self- administered.	2 Minutes	nida.nih.gov/s2bi