

Physical Exam at age:	Screening
11 Years	Tobacco, Alcohol or Drug Use Assessment
12 Years	
13 Years	
14 Years	
15 Years	
16 Years	
17 Years	
18 Years	
19 Years	
20 Years	

Tobacco, Alcohol or Drug Use Assessment

Based on the Bright Futures Periodicity Schedule it is recommended that Adolescents be assessed for use of Tobacco, Alcohol or Drug use beginning at the age of 11 years old. These structured screenings require the use of validated screening tools to assess for clinical indication that the child may need further clinical evaluation.

Highmark Health Options does not endorse or require any specific screening tool for screening purposes. This list is not all-inclusive, and other validated screening tools may be available. Each practice is encouraged to utilize a screening tool that is best suited for their individual situation.

Validated Screening Tool	Age for Use	Description	Administration Time Scoring information (if available)	Where to find additional information / purchase
Tobacco, Alcohol or Drug Use Assessment –11 through 20 years				
Car, Relax, Alone, Forget, Friends, Trouble (CRAFFT)	Under 21	CRAFFT is a screening tool for substance abuse to use with adolescents.	5 to 10 minutes	http://www.ceasar-boston.org/CRAFFT/ Cost: Free
Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)	12 to 17 years	The BSTAD ask patients about frequency of past year use and triage them into one of three levels of substance use disorder risk: no reported use, lower risk and higher risk. Can be administered by the provider or self-administered.	2 Minutes	https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-for-adolescent-substance-use Cost: Free
Screening to Brief Intervention (S2BI)	12 to 17 years	The S2BI ask patients about frequency of past year use and triage them into one of three levels of substance use disorder risk: no reported use, lower risk and higher risk. Can be administered by the provider or self-administered.	2 Minutes	https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-for-adolescent-substance-use Cost: Free