

An Update for Highmark Health Options Providers and Clinicians

### Highmark Health Options Medical Policies Effective May 6, 2019

### New DE Medicaid Highmark Health Options Medical Policies:

- MP-072-MD-DE Ambulance Air
- MP-073-MD-DE Ambulance Ground
- MP-075-MD-DE Myoelectric Upper Extremity Orthoses
- MP-079-MD-DE Hypoglossal Nerve Stimulator
- MP-094-MD-DE MRgFUS

### 2019 Annual Review DE Medicaid Highmark Health Options Medical Policies:

### • MP-004-MD-DE Bariatric Surgery

O Annual Review Revisions: Clarified Operational Guidelines by adding medical necessity verbiage; Clarified CPT codes necessary for revision/replacement diagnosis codes in Attachment C: 43771, 43772, 43373, 43774, 43848, 43860, 43865, 43886, 43887, & 43888 and under the surgical revisions or replacement section, only one diagnosis code is required for procedure codes 43771, 43772, 43373, 43774, 43848, 43860, 43865, 43886, 43887, & 43888; Deleted invalid diagnosis codes N46.1 & N97 from Non-covered Diagnosis Code table in Attachment C; Added note to the Diagnosis Code table (Attachment C) instructing providers to select a diagnosis code for Group 1, Group 2 and Group 3. MP-002-MD-DE Noninvasive Positive Pressure Ventilation

### MP-011-MD-DE BRCA1 and BRCA2 Genetic Mutation Testing and Related Genetic Counseling

o Annual Review Revisions: Revised title of the policy with the removal of genetic counseling; under the Procedure code section, updated the formatting Procedures section 1 and 2; removed 'women' in the criteria set and replaced with 'individual'; Deleted section D under Procedures and merged the criteria into the general criteria; under services not covered section, added only one test per lifetime and statement regarding screening of general population and noncoverage statement for direct-to-consumer BRCA testing; Moved the USPSTF information from the Government site and place it in the Summary of literature and added information on direct-to-consumer testing; updated the operational guidelines;; Added new codes include 81163, 81164, 81165, 81166, 81167 & 81479; Coding description changes for codes 81162, 81212, 81215, 81216, & 81217. Removed the once in a lifetime restriction based on covered indications, deleted procedure codes 88271, 88272, 88273, 88274, 88275, 96040 and S0265; removed hyperlinks from all references; Coding Update: The following CPT codes have been deleted as a result of 2019 CPT Coding Manual revisions: 81211, 81213 & 81214

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### MP-017-MD-DE BCR-ABL1 Testing in Chronic Myelogenous Leukemia and Acute Lymphoblastic Leukemia

o Annual Review Revisions: No policy statement changes; revised Operational Guidelines; added procedure code 0040U as eligible; removed the word 'Covered' from the procedure and diagnosis code tables in Attachments B & C; updated references.

### MP-012-MD-DE Chromosome Microarray Testing

O Annual Review Revisions: Updated Procedure section with clarification of congenital anomalies, added criteria for microarray analysis in the evaluation of pregnancy loss; updated non-covered section related to analysis of fetal tissue; deleted CPT code 96040; added ICD-10 diagnosis N96, O26.20 – O26.23; updated the summary of literature and reference section; removed hyperlinks from the reference section; Updated reference from ACOG recommendation to December 2016.

### MP-013-MD-DE Whole Exome and Whole Genome

Annual Review Revisions: Formatting updates to definitions, procedures section and attachments; Health
Options position remains; Added additional current literature and rationale; removed the hyperlinks in
Attachment D- references.

### MP-022-MD-DE Negative Pressure Wound Therapy

O Annual Review Revisions: Revised language under Procedures in #1. A and added information regarding care initiated during inpatient stay #1.A.6; in section C removed 1.a, added medically appropriate in C.2.b; under section 4 revised language in letter A and removed letter K; added language in #6 regarding use of NPWT beyond 4 months requiring Medical Director review and added example situations of not medically necessary NPWT services; deleted prophylactic use paragraph because it is included as an example of not medically necessary situations; under Government Bodies Approval added new device NPD 1000; updated Summary of Literature; revised Procedure Code section with the addition of non-covered HCPCS codes K0743, K0744, K0745 & K0746; in the Reference Sources removed hyperlinks from all references and added additional references.

### • MP-032-MD-DE Skin Replacement Therapy

O Annual Review Revisions: Reformatted the criteria under procedures for skin substitutes that are covered for A. and B. to include the covered skin substitute products; included updated literature to the summary of literature; added medically necessary and not medically necessary skin substitutes and coverage explanation to the summary of literature; Code updated: Q4119, Q4129, and Q4172 were deleted CMS HCPCS codes and were removed from policy, Removed the C codes due to nonuse Added HCPCS code Q4153 to non-covered procedure code section; removed HCPCS codes from the covered procedure codes section and moved the HCPCS codes to the non-covered procedure codes section based on the updated literature findings (Q4110, Q4112, Q4115, Q4117, Q4119, Q4122, Q4123, Q4125, Q4126, Q4127, Q4134, Q4135, Q4136, Q4137, Q4138, Q4139, Q4140, Q4141, Q4142, Q4143, Q4146, Q4147, Q4148, Q4149, Q4150, Q4151, Q4155, Q4156, Q4157, Q4159, Q4160, Q4161, Q4162, Q4163,); Added HCPCS code to the non-covered procedure code section; Removed HCPCS code Q4119 from procedure codes due to AMA deletion; Removed HCPCS code Q4120 due to burn only indication, not wound care; Removed HCPCS code Q4130 AND Q4172 due to breast only indication, not wound care; Removed all breast neoplasm ICD-10 diagnoses codes; Added rationale and literature to Attachment C to for each skin substitute; removed the hyperlinks from all references.

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### MP-039-MD-DE Custom Made Oral Appliances in the Treatment of Obstructive Sleep Apnea (OSA)

 Annual Review Revisions: No criteria changes; added two new definitions for OSA and RDI; included conditions that are considered not covered under Section 3; removed the hyperlinks from all references. Corrected typographical error in Dx Codes: change M26.13 to M26.19.

### MP-040-MD-DE Continuous Glucose Monitoring

O Annual Review Revisions: updated definitions; in the Procedure section 1 added section on artificial pancreas device systems with qualifying criteria for low-glucose suspend devices; Section 3 revised information regarding use of HCPCS codes K0553 & K0554; added requirements for replacement and non-coverage criteria for the artificial devices; updated the Governing Bodies section; updated Summary of Literature and Professional Societies table; revised covered procedure codes to include S1034 to S1037; Deleted ineligible diagnosis codes O24.0 and O24.01; Added therapeutic continuous glucose monitors to Definition section on page 2. Removed diagnosis code Z79.4 from ineligible diagnosis table correcting an error; updated Reference section and deleted hyperlinks from all references. Added reference to Clinical Pharmacy policy for Libre CGM.

### MP-041-MD-DE Panniculectomy

 Annual Review Revisions: no criteria changes; formatting revisions; removed hyperlinks to the references.

#### MP-049-MD-DE Implantable Cardioverter Defibrillator

 Annual Review Revisions: Removed the word 'Covered' from the procedure and diagnosis code tables in Attachments B & C; Deleted procedure codes 33282, 33284 & C1764 as not appropriate for this policy. Revised place of service from inpatient to outpatient.

#### MP-050-MD-DE Bronchial Thermoplasty

O Annual Review Revisions: Added anti-IGE & anti-Interleukin II failure to medical necessity criteria; expanded non-coverage conditions to include GERD, chronic aspiration, severe allergies and vocal cord dysfunction; updated Operational guidelines regarding medical necessity denials; update all GINA references; removed hyperlinks from all references.

#### MP-059-MD-DE Colorectal Cancer Screening

O Annual Review Revisions: added for average risk individuals, colorectal cancer screening is covered starting at age 40 instead of age 50 and removed the African American notation indicating age 45; two notes added at the end of the Procedure section to provide specific direction; deleted typographical error under Procedure 1.G; Updated Operational Guidelines regarding eligible ages; revised procedures with the addition of 44388, 44389, 44392, 44394, G0122; corrected code description for G0106; updated the Summary of Literature; updated Reference section and removed hyperlinks.

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### • MP-067-MD-DE Electrical Bone Growth Stimulators for the Spine

O Annual Review Revisions: There is no change to the position statement and criteria; updated the formatting in the 'Procedures' section; updated the formatting of the summary of literature; updated literature in the rationale; added an updated Hayes reference; hyperlinks were removed from the references; Removed the E/I status in the operational guidelines and replaced it with a NMN status, changed the age requirement to post-payment.

### • MP-084-MD-DE Cochlear Implants

O Annual Review Revisions: Added new attachment (E) defining degree of hearing loss; under Procedure section B added criteria requiring the ability to participate in an aural rehabilitation program; updated summary of literature and references; removed hyperlinks from all existing references; added HCPCS codes L8625 & V5273 as eligible and added diagnosis codes H90.8, H90.A21 & H90.A22 as eligible.

### • MP-089-MD-DE Transcranial Magnetic Stimulation

 Annual Review Revisions: Added 'or nursing' with the pregnancy condition, active current substance abuse and patients who are acutely suicidal under the Contraindications section; updated Summary of Literature and Reference sections; removed hyperlinks from listed references.

#### **DISCLAIMER**

Highmark Health Options medical policies are intended to serve only as a general reference resource regarding payment and coverage for the services described. These policies do not constitute medical advice and are not intended to govern or otherwise influence medical decisions.

<sup>\*</sup>Full versions of all these medical policies are available on the Highmark Health Options provider website at: https://highmarkhealthoptions.com/providers/MedicalAndPaymentPolicy