

CGRP ANTAGONISTS





PRIOR AUTHORIZATION IS REQUIRED.

Learn about Aimovig® (erenumab-aooe), Ajovy® (fremanezumab-vfrm), the preferred preventive treatments of episodic and chronic migraine and cluster headaches in adults (as of April 2022).

All prophylactic migraine CGRP antagonists require prior authorization.

Criteria for Approval of Prior Authorization*

- Documentation of the number of migraine days and headache days per month:
 - Episodic migraine: 4-14 headache days per month.
 - Chronic migraine: at least 15 headache days per month and at least 8 migraine days per month.
 - Cluster headache: at least one cluster attack every other day and no more than 8 attacks per day.
- For a nonpreferred agent: a trial of all preferred agents; Aimovig and Ajovy is required.
- For episodic and chronic migraine: a trial of **3 different prophylactic** agents for at least 2 months (e.g., divalproex sodium, sodium valproate, topiramate, metoprolol, propranolol).
- For cluster headache: a two-week trial of Verapamil and Suboccipital steroid injections.

Important Reminders for Submitting a Prior Authorization

- Be sure to indicate if you are prescribing Nurtec for treatment or prophylaxis
- Document the number of headache days per month that the member experiences
- If there is a reason that the criteria cannot be met, document the rationale clearly and completely on the initial request.
- Documentation of improvement is required for continued treatment.

Electronic Prior Authorization with CoverMyMeds

CoverMyMeds helps patients get their medication by streamlining the prior authorization process for providers and pharmacists. Start today by creating a free account or logging in to your existing account at covermymeds.com.

We're here to help.

Visit <u>HighmarkHealthOptions.com</u> to view the preferred drugs, the most up to date CGRP inhibitor criteria, and to access drug specific request forms. For more information, call Pharmacy Services at 1-844-325-6251, Monday–Friday, 8 a.m. to 5 p.m.

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^{*} Criteria subject to change.